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PRESIDENT'S MESSAGE

Dr Mohd Akhtar Qureshi



Dear members,

A great big hello to one and all of you. Thank you for your continued support which has resulted in a very busy few months for MSGH.

In April we hosted the Endoscopy 2016 with Professor Dato' Dr Goh Khean Lee as the Course Director. The Workshop continues to be a collaborative effort between the MSGH and the Department of Medicine, Faculty of Medicine, University of Malaya. The procedures were performed at the Endoscopy Centre, Menara Selatan, University Malaya and transmitted to the Auditorium. The workshop was attended by 656 doctors and GIAs. The theme was "Expanding the Horizons of Therapeutic Endoscopy" A renowned faculty from around the world was assembled - Dr Hyun-Jong Choi (Korea), Professor Dr Jacques Deviere (Belgium), Dr Manoel Galvao Netto (Brazil), Dr Nageshwar Reddy (India), Professor Dr Rungsun Reknitmitr (Thailand), Adjunct Professor Dr Brian Saunders (UK), and Professor Dr Shyam Varadarajulu (USA).

Professor Jacques Deviere delivered the MSGH and the University of Malaya Distinguished Lecture on "Metabolic Endoscopy: Future Horizons in Therapeutic Endoscopy". A citation on him was read by Associate Professor Dr Alex

Leow. The GIA Course was held on 8th April 2016. A Young Consultants / GI Fellows Round Table Discussions were held in the afternoon. The Special Dinner Lectures was held on 9th April 2016 at the Sime Darby Convention Centre. Two lectures were delivered by the guest faculty; "My Work at the World Famous Erasme Hospital, Brussels, Belgium - A Wonderful Life!" by Professor Dr Jacques Deviere and "No Limits to Therapeutic Endoscopy - Passion and Leadership at The Asian Institute of Gastroenterology, Hyderabad, India" by Dr Nageshwar Reddy.

The Society was a partner in the Singapore Hepatitis Conference held on 27th and 28th May 2016. Dr Tan Soek Siam was nominated by the Society and spoke at the conference.

In June 2016, Dr Richard Guan (Singapore) spoke on "Leading the way to HCV elimination" at the International Hotel, Kuala Lumpur and sponsored by LF Asia (Malaysia) Sdn Bhd.

In relation to the National Gastroenterology & Hepatology Training committee, the Subcommittee has finalized the GI training curriculum and interviewed 12 candidates on 8th April 2016. Eleven out of the twelve candidates were accepted into the training programme which will start off on 1st July 2016.

It is that time of the year where we all get to meet old friends and make new acquaintances at the GUT 2016. The organising committee has put together an attractive scientific program which includes plenary sessions, lunch and tea symposia, video sessions and case discussions. The entire meeting has been centred on both the basics as well as bringing you the very latest in the field of Gastroenterology and GI Surgery. We have an impressive list of local and world renowned speakers invited for the conference, with a focus on practical points to take home.

Looking forward to see you at GUT 2016.



Dearest Members,

Welcome to the second issue of MSGH Bulletin for 2016! In this issue, several brief reports of the MSGH activities in particular Endoscopy 2016 and other activities from round the country have been presented along with usual beautiful photos.

As an editor, I realize that the involvement of our entire gastro-hepatology community will help the Bulletin to grow and let us synergize together our clinical, endoscopic, teaching and research experiences to ensure the real expansion of our MSGH community.

I would like to say a big thank you to those who have had contacted and email me for the contributions in this Bulletin.

I look forward to a more constructive and productive contributions as well as feedback from all the members to the MSGH Bulletin in the future and please do not hesitate to contact me at draffendi@ppukm.ukm.edu.my for your ideas and contributions!

I have managed to contact several of Professor Dato' Dr Goh Khean Lee's colleagues from USA, Europe and Asia-Pacific to say something about him!

Lastly, a very happy retirement to our 'father of gastroenterology', Professor Dato' Dr Goh Khean Lee!

Best Wishes,

Associate Professor Dr Raja Affendi Raja Ali

MSGH COMMITTEE FOR 2015/2017

PRESIDENT

Dr Mohd Akhtar Qureshi

HON TREASURER

Dr Tee Hoi Poh

PRESIDENT-ELECT

Dr Tan Soek Siam

COMMITTEE MEMBERS

Dato' Dr Tan Huck Joo

Associate Professor Dr Chan Wah Keong

Associate Professor Dr Lee Yeong Yeh

Dr Hamizah Razlan

Dato' Dr Raman Muthukaruppan

Dr Ramesh Gurunathan

Professor Dato' Dr Goh Khean Lee

IMMEDIATE PAST PRESIDENT

Professor Dr Sanjiv Mahadeva

HON SECRETARY

Associate Professor Dr Raja Affendi Raja Ali



Endoscopy 2016 - Expanding the Horizons of Therapeutic Endoscopy

By Ruveena Bhavani and Chan Wah Kheong



Endoscopy 2016 group photo

Endoscopy 2016 was held at the University of Malaya Medical Centre from the 8th to 10th of April 2016. This annual therapeutic GI endoscopy workshop, jointly organised by the Malaysian Society of Gastroenterology and Hepatology and the University of Malaya, received an overwhelming response with a record of 600 delegates. The opening ceremony was graced by Professor Dr Awang Bulgiba, the Deputy Vice-Chancellor of the University of Malaya, Professor Dr Tunku Kamarul Zaman, the Director of the University of Malaya Medical Centre and Professor Dr Adeeba Kamarulzaman, the Dean of the Faculty of Medicine, University of Malaya.



Professor Deviere, the Distinguished Lecturer for Endoscopy 2016 performing a case during one of the live demonstration sessions

Themed "Expanding the Horizons of Therapeutic Endoscopy", Course Director Professor Dato' Dr Goh Khean Lee brought together a distinguished faculty for the workshop, which included world renowned endoscopists such as Professor Dr Jacques Deviere (Erasmus University Hospital, Brussels, Belgium), Dr Nageshwar Reddy (Asian Institute of Gastroenterology, Hyderabad, India), Adjunct Professor Dr Brian Saunders (St. Mark's Hospital, London, UK), Professor Dr Rungsun Reknitmitr (Chulalongkorn University Hospital, Bangkok, Thailand), Professor Dr Shyam Varadarajulu (Florida Hospital, Orlando, USA), Dr Manoel Galvao Netto (Gastro Obesity Centre, Sao Paulo,

Brazil) and Assistant Professor Dr Choi Hyun-Jong (Soon Chun Hyang University Hospital, Bucheon, South Korea).

As in previous years, the event kicked-off with the GIA Course on the first day. The course was lined with interesting lectures pertinent to the GIA fraternity. Running concurrently in the afternoon on the first day was the Young Consultants/GI Fellows Forum. Coordinated by Professor Dr Ida Hilmi and Dr Suresh Sithambaram, with Professor Rungsun as the special guest, the forum served as a platform to bring together young consultants and GI fellows who would shape the future of GI endoscopy practise in Malaysia. On the subsequent two days, delegates attended state-of-the-art lectures and observed live demonstration of therapeutic endoscopy procedures. Professor Jacques Deviere delivered the MSGH Special Lecture and University of Malaya Distinguished Lecture entitled "Metabolic Endoscopy: Future Horizons in Therapeutic Endoscopy". Throughout the live demonstration sessions, close to thirty cases were shown, which highlighted special techniques and new devices such as cholangioscopy, bariatric endoscopy including endoscopic gastric plication and intra-gastric balloon



Dr Reddy, the President of WEO, sharing a light moment with Dr Saunders during one of the live demonstration sessions

placement, per oral endoscopic myomectomy, etc. A trade exhibition with over thirty companies showcasing their products was also held throughout the period of the workshop. Delegates also had the opportunity to make new friends and to catch-up with old ones during the GIA "Get Together" Dinner and the Workshop Dinner. On the last day of the workshop, special hands-on workshops were held, namely the EUS Masterclass, the Intra-Gastric Balloon Workshop and the Cook Vista ERCP Hands-On Workshop.

The workshop this year was extra special as the Endoscopy Unit of University of Malaya Medical Centre which has been recognized as Centre of Excellence from 2015 to 2020 by the World Endoscopy Organization (WEO) received the plaque from the President of WEO Dr Reddy himself during the workshop's opening ceremony. Also, the live demonstration sessions were transmitted live on YouTube. Overall, Endoscopy 2016 was a great success, due to the excellent work by the distinguished faculty, the great effort from the organising committee including the many coordinators, moderators, doctors, nurses and support staff, the strong support from the sponsors and last but certainly not least the participation of the delegates.



Dr Choi in action during one of the live demonstration sessions



Professor Dato' Dr Goh Khean Lee, the Course Director for Endoscopy 2016 and the faculty for Endoscopy 2016 during the Workshop Dinner



Group photo for the Intra-Gastric Balloon Workshop

The MSGH Updates in Gastroenterology and Hepatology

7th February 2016, Pulau Duyong Resorts, Kuala Terengganu

The MSGH update in the east coast was master minded by Dato' Dr Tan Huck Joo and was locally organized by the local hero, Dato' Dr Shukri, consultant Gastroenterologist at the Hospital Sultanah Nur Zahirah, Kuala Terengganu. The event was very well attended in a 'summer-like environment' and many lectures and discussions on many gastro-hepatology related disorders were very up to date! Congratulations!



The MSGH Clinical Update

28th February 2016, Academy of Medicine, Kuala Lumpur

The first MSGH Clinical update was jointly coordinated by Associate Professor Hamizah Razlan and Associate Professor Dr Lee Yeong Yeh held in the academy of Medicine in Kuala Lumpur. Several interesting clinical cases were presented by GI trainees and were greatly critically appraised and commented by our local experts. The most interesting one presented by Dr George Ho from the UMMC on the first POEM performed in Malaysia by Malaysians! The event was well attended. Congratulations!



The MSGH TARGET Program

This program, Treatment and Relief of Gastrointestinal Disorders (TARGET), was created by a panel comprising of gastroenterologists and hepatologists with a surgeon under the auspices of the MSGH. Its main purpose is to provide updates to primary care physicians on how to effectively manage the various common conditions relating to gastroenterology that they may encounter in their daily clinical practice. By conducting workshops at different venues around Malaysia, MSGH hopes that their key message will reach to many primary care physicians and enable fruitful discussions and interactions.



My Fellowship Experience in Advanced Therapeutic GI Endoscopy

By Ruveena Bhavani and Chan Wah Kheong, Hospital Canselor Tuanku Muhriz, PPUKM

I started my fellowship in advanced therapeutic GI endoscopy training in Gastroenterology and Hepatology Unit, University Malaya Medical Centre (UMMC) from June 2015 to May 2016 and followed by a month of fellowship on Imaged Enhanced Endoscopy training and exposure in ESD in Japan in June 2016 rotating among 3 hospitals during the short stay.

I had Professor Dato' Dr Goh Khean Lee as my overall supervisor and the team of Gastroenterology consultants from UMMC had been a great backbone in coaching me during my training there. ERCP advanced therapeutic fellowship was the main focus of my training in UMMC, besides that, I also take part in the weekly therapeutic endoscopy list where procedures like variceal banding and injection, EMR, piecemeal EMR, single balloon pushed enteroscopy, esophageal stenting, colonic stenting, pneumatic dilatation for achalasia, balloon dilatation for esophageal stricture, RFA for dysplastic BE etc were carried out.

I was awarded the Asian Young Endoscopist Award in 2015 by the Korean Society of Gastrointestinal Endoscopy and was given the opportunity to attach to Asan Medical Center, Seoul, Korea for 2 weeks in September 2015 where I focused on Lower GI endoscopy in early cancer detection and Colon ESD. My supervisor then were Professor Dr Byeon Jeong-sik and Associate Professor Dr Yang Dong-hoon, both are the leading figure in Early Colon Cancer and Colon ESD in Korea.

Back in UMMC, I was involved in a project on Radiofrequency ablation (RFA) for Barrett's Esophagus with dysplasia and there, more exposure on Imaged Enhanced Endoscopy (IEE) under the guidance of Dr Ho Shiaw Hooi. The preliminary results were presented as an invited speaker at the 4th RFA expert meeting in Tai Chung, Taiwan in January 2016 on sharing of our preliminary experiences on RFA in Malaysia.



With Professor Dato' Dr Goh Khean Lee and Endoscopy fellow Dr Zeti

Subsequently, I took on a post as the course coordinator for the ANBIG (Asian NBI Group) workshop along with live demonstration, held in February 2016 in UMMC, where we were very fortunate to have 2 very distinguished guest faculties Professor Takuji Gotoda and Dr Noriya Ueno coming all the way from Japan to enlighten the local Gastroenterologist on IEE.

I had an opportunity to attach with Asian Institute of Gastroenterology (AIG), Hyderabad, India In March 2016 for a week, there; I had the golden opportunity to learn the tips and tricks in ERCP from Dr Nageshwar Reddy and to be with the endoscopy team to experience the load of an average 50 ERCPs being performed in a day! I was thrilled by the amount and variety of cases that was performed; it was certainly an eye-opener and a memorable one.



With Professor Dr Kenshi Yao in Fukuoka University Chikushi Hospital, Kyushu, Japan

Then, I was fortunate to be offered a place as a visiting scholar in the Endoscopy Division in Kyushu University Hospital, Kyushu. During my stay in Japan, I was able to do a rotation with National Cancer Center, Tokyo and also Fukuoka University Chikushi Hospital, Kyushu. I was mainly focusing on IEE and animal model training in ESD during my stay in Japan.

It was an honor for me to meet Professor Dr Kenshi Yao, whose one of the distinguished figure in early gastric cancer and has also written many books on IEE and ESD. He has made IEE look so effortless and simple when I was there at his endoscopy center.

In National Cancer Center, Tokyo, I was under the supervision of Dr Yutaka Saito and Dr Abe Seiichiro, both are the expert endoscopist in Upper GI early gastric cancer and Lower GI early cancer respectively. I again had more IEE, clearing my mind with classifications and ESD there. Last but not least, I managed to perform a few sessions of ESD training on animal model during my stay in Japan.

My 13 months of fellowship training in Gastroenterology and Advanced therapeutic GI Endoscopy had been very exciting and fruitful, the experience I had was beyond words. I have met many people and gain a lot of knowledge and certainly more to learn along the way in my future practice. I would like to take this opportunity to express my sincere gratitude to all the consultants that had taught and guided me so much throughout the journey of my Gastroenterology training in UKM, UMMC, Korea, India and Japan. I hope that now I'm back in UKM, I will be able to serve better and shared what I have learnt along the way with the rest of my team.



With Dr Yutaka Saito from National Cancer Center, Tokyo and Dr Ho Shiaw Hooi from UMMC

Farewell Retirement Wishes from Gastro Colleagues to Professor Dato' Dr Goh Khean Lee



'I have the honour to have known Professor Dato' Dr Goh Khean Lee for many years and count him as a friend, confidant and advisor. He is a major figure in the world of gastroenterology, not only in Malaysia, Asia Pacific but in the world stage. We in Europe have always sought his advice in drawing up guidelines on the management of helicobacter. We were delighted that he accepted to present at the Irish society of gastroenterology recently and share his vast experience. We in Ireland have a close affinity to Malaysia on account of the many graduates from our medical schools working in their homelands. Professor Dato' Dr Goh Khean Lee is a role model for all doctors on account of his attention to detail, clinical experience, academic research and his concern for patients welfare. He is both a gentleman and a scholar'

Professor Colm O'Morain
President

United European Gastroenterology Federation



'It is a great pleasure to wish you a fond retirement. You seem to be much too young and energetic to be retiring but I am sure you have many activities planned for the future. It was truly one of the highlights of my ASGE presidency to have the honor to present you with the International Service Award. You have contributed a great deal to the field of gastroenterology and especially in the area of endoscopy. Your ability to teach and distribute your knowledge into Southeast Asia is truly a gift and I know how the young endoscopists have looked to you as a true mentor. The impact you have had on global guidelines on gastric cancer screening and colon cancers in Asia have been exceptional. You have also contributed a great deal to so many areas of gastroenterology including IBD, GERD, IBS, and even liver disease. Your range of knowledge and expertise is quite unbelievable.

The city of Kuala Lumpur was a delight to have seen with the amazing medical center you have helped to establish there. The international conferences you have held are among the best in the world and it was an honor to have participated. I hope to continue to see you in the future and know that you will continue to contribute your unique skills and educational ability to the future generations of gastroenterologists.'

Professor Kenneth Wang
President

American Society Of Gastrointestinal Endoscopy



'This week marks the retirement of one of the giants in the world of Gastroenterology, Professor Dato' Dr Goh Khean Lee. Widely regarded as a leading academician and the doyen of Gastroenterology in Malaysia, Professor Dato' Dr Goh Khean Lee's achievement in the field has been unmatched so far!'

Dato' Dr Tan Huck Joo
Committee
Malaysian Society of Gastroenterology & Hepatology



'Over the last 3 decades, Professor Dato' Dr Goh Khean Lee has tirelessly contributed to clinical excellence and academic pursuits nationally, regionally and internationally. I would like to take this opportunity to congratulate him for his monumental achievements. The 'Father of Gastroenterology in Malaysia' has been and will always continue to be a huge inspiration to all of us. I wish him all the best in his future endeavors.'

Professor Dr Rajvinder Singh
Chairman
Australian Gastrointestinal Endoscopic Association



'Dear Professor Dato' Dr Goh Khean Lee,

As Your Career Comes To An End, Please Know That Your Influence Carries On. Countless Lives Have Been Impacted Through The Knowledge You Have Imparted. Hoping Your Retirement Is Everything You Ever Dreamed It Could Be. May You Enjoy Your Retirement To The Fullest.'

With Best Regards

Professor Dr Murdani Abdullah
President
Indonesia Society of Gastroenterology



'Professor Dato' Dr Goh Khean Lee has been my teacher, consultant and friend. He had set a good example on how a doctor should be.

I admired him for being loyal to the University, where I was his student in 1989. When many of his colleague left the students to be in greener pastures, he had decided to stay back and from him, the University has produced many more doctors, specialist, physician and gastroenterologist. Until now, UMMC is still standing proudly of their Endoscopy, Gastroenterology and Hepatology services to the country.

I personally thank to him and wish him good health and good luck in years to come.'

Dato' Dr Ahmad Syukri Md Salleh
Head of Gastroenterologist and Endoscopist
Hospital Sultanah Nur Zahirah, Kuala Terengganu

NATIONAL EVENT

The GUT Meeting

Date: 22nd - 24th July 2016

Venue: Kuala Lumpur, Malaysia

United European Gastroenterology Week (UEGW)

Date: 15th - 19th October 2016

Venue: Vienna, Austria

Asia Pacific Digestive Week (APDW)

Date: 2nd - 5th November 2016

Venue: Kobe, Japan

The American Association Study of Liver Diseases (AASLD) - Liver Meeting

Date: 11th - 15th November 2016

Venue: Boston, USA

INTERNATIONAL EVENTS